

# How to Complete your EAP Health Clearance Form with your Private Physician



**Students with SHIP, RAFT or who are going to Botswana, Ghana, India, Senegal, South Africa or Tanzania must complete the EAP Health Clearance at UCSD Student Health Services.**

- 1. Obtain your immunization records from your parents, doctor or high school ASAP.** You must be up-to-date on tetanus, MMR, and polio. Bring all documentation with you to your appointment.
- 2. Obtain the Confidential Health History Form and Health Clearance Form online at:**  
<http://studyabroad.ucsd.edu/students/pre-departure/uceap.html#Health-Clearance>
- 3. Fill out the Confidential Health History Form completely before seeing your doctor.** To do so, you will need the following information:
  - Immunization records containing exact dates
  - Dates of any serious illnesses or surgeries
- 4. Print out the Health Clearance Form. The Health Clearance Form includes instructions to the physician for completing the health clearance.** Fill in the top portion of the second page of this form before seeing the doctor with your name, home campus, country and program information.
- 5. Make an appointment with your own doctor and any specialist you may be seeing for a serious, ongoing condition, and take both forms with you.** *Note: Physician/Health Provider/Specialist must be licensed in the U.S. and cannot be an immediate family member (AMA Code of Ethics e-8,19).* Give the forms to the doctor and ask him or her to follow the instructions on the Health Clearance Form carefully. Be sure to sign the authorization for release of medical information on the Health Clearance Form upon completion of the consultation.
- 6. Mail the original and one copy of the signed Health Clearance Form to the address below. Your health practitioner should keep a copy for his/her records.** UCEAP must receive the two copies of this form at least two months (60 days) before departure in order for you to participate in the program, except UCEAP Chile Students. It is your responsibility to monitor the completion and submission of the Health Clearance Form to UCEAP by the designated deadline.

University of California  
Education Abroad Program  
6950 Hollister Avenue, Suite 200  
Goleta, CA 93117
- 7. Leave a copy of the Confidential Health History Form with your doctor so that he or she will have it on file in case of emergency.** Keep a copy for yourself and be sure to take it with you when you go abroad. You will have the only copy of this form at the program site should you need medical attention. DO NOT send this to UCEAP.

**Students with Disabilities:** If you have any physical impairment, learning disability or other condition, for which you will be seeking accommodation abroad, you may have your campus Disabled Students Office send a memo to the University of California Education Abroad Program indicating the condition and your needs. Universities abroad will require this memo before special arrangements — i.e. granting extra time for tests, arranging for special facilities or assistance — can be considered.