Global Seminar: Designing Programs for Sexual Health
Focus in Southeast Asia (Bangkok and Chiangmai Thailand)
Dredge Byung’chu Kang PhD MPH

Anthropology, Global Health, Critical Gender Studies
Eleanor Roosevelt College Regional Specialization
Why should you go to this global seminar?

Program
The focus is on skills and practical applications that you can use in future jobs.
The course meets many requirements…

Place
Thailand is a very affordable destination and very tourist friendly.
Before Covid Bangkok had more international visitors than Paris or London…
Designing Programs for Sexual Health
Eleanor Roosevelt College Regional Specialization

ANSC 105GS Global Health and Inequality: Sexual and Reproductive Health in Southeast Asia

- Archaeology/Biological/Sociocultural Elective for Anthropology Majors or Minors.
- Medical Social Science Elective for the Global Health Program (GHP) Major or Minor.
- Upper Division Elective for the Bachelor of Science in Public Health (BSPH) Major.
- Petitionable for the Critical Gender Studies (CGS) Major or Minor.

ANSC 125GS Gender, Sexuality, and Society: Sex and Love in Thailand

- Sociocultural Core and Archaeology/Biological Elective for Anthropology Majors or Minors.
- Medical Social Science Elective for the Global Health Program (GHP) Major or Minor.
- Petitionable for the Critical Gender Studies (CGS) Major or Minor.
<table>
<thead>
<tr>
<th>Monday</th>
<th>6-Aug</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday - Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thai Language 1: Background &amp; Greetings</td>
<td>Culture Shock (Chapter 3): Mini-Presentations</td>
<td>Thai Language Review</td>
<td>Language Quiz</td>
<td>Travel to Lopburi</td>
<td>Wat Saen Suk (has English)</td>
</tr>
<tr>
<td>SEA Geography, Race/Ethnicity &amp; Languages</td>
<td>Wok Ch 3 Navigating Field-Based Assignments p. 37</td>
<td>AIDS and Epidemiology Early AIDS in USA</td>
<td>CDHS 1998 Good Questions, Better Answers</td>
<td>Identify Key Populations and Groups</td>
<td>Wat Saen Suk (has English)</td>
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<tr>
<td>Lunch (Group Optional)</td>
<td>Lunch (Group Optional)</td>
<td>CDHS 1998 Question Bank, Some Answers</td>
<td>Lunch (Group Optional)</td>
<td>Developing Field Research Questions</td>
<td>HIV NGO: Sisters</td>
</tr>
<tr>
<td>ISA Orientation</td>
<td>Writing Observations &amp; Discussion</td>
<td>SEA Religious Syncretism</td>
<td>LSTM</td>
<td>Wat Phra Sam Yot (Monkey Temple)</td>
<td>Pataya: Walking Street</td>
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<tr>
<td>ISA Orientation</td>
<td>Geography Quiz</td>
<td>Guest Lecture: Luang Phi Chai Waradharmo</td>
<td>LSTM</td>
<td>Wat Phra Sam Yot (Monkey Temple)</td>
<td>Pataya: Alcazar Show</td>
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<tr>
<td>Cabbages and Condoms (Welcome Dinner)</td>
<td>Thai Customs Review</td>
<td>Gender and Sexuality in Buddhist</td>
<td>LSTM</td>
<td>Batt Cave</td>
<td>Batt Cave</td>
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<tr>
<td>Monday</td>
<td>13-Aug</td>
<td>Tuesday</td>
<td>Wednesday</td>
<td>Thursday</td>
<td>Friday</td>
</tr>
<tr>
<td>Mother’s Day (Queen’s Birthday)</td>
<td>Field Report 1: Trip</td>
<td>NMAC 1997 Program Development Puzzle 51-4</td>
<td>Wok Ch 7 HIV Shoots Up p. 227-268</td>
<td>HIV NGO: SWING</td>
<td></td>
</tr>
<tr>
<td>National Holiday</td>
<td>Field Report 2: Markets</td>
<td>Wok Ch 8 Aims in the Sugar-Bowl p. 269-300</td>
<td>HIV NGO: SWING</td>
<td>HIV NGO: SWING</td>
<td></td>
</tr>
<tr>
<td>Take the opportunity to participate in an event. Remember to wear light blue. Send a message to your mother!</td>
<td>Wok Ch 3 The Honesty Box p. 84-123</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td></td>
</tr>
<tr>
<td>Send a message to your mother!</td>
<td>Wok Ch 4 The Naked Truth p. 124-160</td>
<td>Lunch</td>
<td>Lunch</td>
<td>HIV Clinic: Pulse</td>
<td></td>
</tr>
<tr>
<td>Note: Thai Time (Conceptual/Practical)</td>
<td>Wok Ch 6 Articles of Faith p. 168-227</td>
<td>Lunch</td>
<td>Lunch</td>
<td>HIV Clinic: Tangerine</td>
<td></td>
</tr>
<tr>
<td>Observation 1 Milk/Sage or Chutuchak/Lad Pras</td>
<td>Logic Model Workshop</td>
<td>Guest Lecture: K.S. Huangpiboon</td>
<td>Lunch</td>
<td>HIV Clinic: Tangerine</td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td>20-Aug</td>
<td>Tuesday</td>
<td>Wednesday</td>
<td>Thursday</td>
<td>Friday-Sunday</td>
</tr>
<tr>
<td>Epidemiology Review</td>
<td>HUCB Ch. 5 Biomedicine, Social Science Research, and Public Health</td>
<td>Program Review</td>
<td>Program Quiz</td>
<td>Long Free Weekend</td>
<td></td>
</tr>
<tr>
<td>Wok Ch 9 Full Circle p. 301-326</td>
<td>Group Work: Assessments and Interventions, Progress, and Evaluation</td>
<td>Cohen 1993 Open-Ended Prostitution as a Skillful Game of Luck</td>
<td></td>
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<tr>
<td>Lunch</td>
<td>Nanac 1997 Program Development Puzzle 57-8</td>
<td>Lunch</td>
<td>Lunch</td>
<td>HIV Clinic Model: Hiv Counseling</td>
<td></td>
</tr>
<tr>
<td>Evaluation and Program Design Workshop</td>
<td>Nanac 1997 Program Development Puzzle 57-8</td>
<td>Lunch</td>
<td>Lunch</td>
<td>HIV Clinic: Hiv Counseling</td>
<td></td>
</tr>
<tr>
<td>Lunch</td>
<td>Nanac 1997 Program Development Puzzle 57-8</td>
<td>Lunch</td>
<td>Lunch</td>
<td>HIV Clinic: Hiv Counseling</td>
<td></td>
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<tr>
<td>Monday</td>
<td>31-Aug</td>
<td>Tuesday</td>
<td>Wednesday</td>
<td>Thursday</td>
<td>Friday-Sunday</td>
</tr>
<tr>
<td>Morris 1994 Three Sexes and Four Sexualities</td>
<td>Review Assessments (Online Peer Review)</td>
<td>Assessment Presentations</td>
<td>Assessment Presentations</td>
<td>Long Free Weekend</td>
<td></td>
</tr>
<tr>
<td>Jackson 2000 An Explosion of Thai Identities</td>
<td>Kang 2014 Conceptualizing Thai Gendered Sexualities</td>
<td>Assessment Presentations (Assessments Due)</td>
<td>Assessment Presentations (Assessments Due)</td>
<td>Long Free Weekend</td>
<td></td>
</tr>
<tr>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Long Free Weekend</td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td>5-Sep</td>
<td>Tuesday</td>
<td>Wednesday</td>
<td>Thursday</td>
<td>Friday</td>
</tr>
<tr>
<td>Field Report 4: Student Selected Sites</td>
<td>Review Program Design (Peer Review)</td>
<td>Program Presentations (Due)</td>
<td>Program Presentations (Due)</td>
<td>Free Weekend</td>
<td></td>
</tr>
<tr>
<td>Field Report Analysis Presentations</td>
<td>Review Program Design (Peer Review)</td>
<td>Program Presentations (Due)</td>
<td>Program Presentations (Due)</td>
<td>Free Weekend</td>
<td></td>
</tr>
<tr>
<td>Field Report Analysis Presentations</td>
<td>Course Wrap Up Discussion</td>
<td>Course Wrap Up Discussion</td>
<td>Course Wrap Up Discussion</td>
<td>Free Weekend</td>
<td></td>
</tr>
<tr>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Check out on 8th at 11:00 AM</td>
<td></td>
</tr>
</tbody>
</table>
Why Sexual Health in Thailand?

Known for having an elaborate sex/gender system that recognizes more than 2 sexes.

Considered one of the two successful models for HIV prevention in the developing world.
Focus on Engaged Teaching

Use of the Local Field Site

Site Visits (NGOs and cultural sites)

Assignments

A couple quizzes but

No Standard Papers and Exams

Final: grant proposal
Practical Assignments:

Global Health  Anthro Methods
Assessment Report  Field Observations
Grant Proposal  Field Reports
Excursions: NGOs and Clinics BKK

- Empower Foundation
- SWING Foundation
- Tangerine Clinic
Excursions:
Pulse Clinic
Private Clinic for Generic PrEP
Excursions BKK

Cabbages and Condoms

Local Restaurants

Cat Cafe
Excursions: Pattaya Buddhist Hell Garden
Excursions: Lop Buri Monkey Temple and Wat Phra Baht Nam Phu AIDS Temple

With an estimated 580,000 people living with HIV/AIDS in Thailand today, this Kingdom has the only recent success story in Asia in preventing the spread of this virus. At Wat Phra Baht Nam Phu Temple 120 kms North of Bangkok, a Buddhist monk Alongkot Dikkapanya turned a normal temple into a hospice to care for fully-blown AIDS patients. He added a museum, one
Global Seminar: Sex and Health in Southeast Asia
Dredge Byung’chu Kang PhD MPH

Anthropology, Global Health, Critical Gender Studies
Eleanor Roosevelt College Regional Specialization
“Very Satisfied”

Q3. Please indicate your level of satisfaction with this study abroad program:

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>90.91%</td>
<td>Very satisfied</td>
</tr>
<tr>
<td>1</td>
<td>9.09%</td>
<td>Moderately satisfied</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Moderately dissatisfied</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Very dissatisfied</td>
</tr>
</tbody>
</table>

11 Respondents
Q4. Please provide any comments you may have about the study abroad program:

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>100.00%</td>
<td>Absolutely amazing program</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>I thoroughly enjoyed the program</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>Staff genuinely cares about the students</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>Stay in more than one city</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>The course content was enlightening, and the added bonus of experiencing it in person was life-changing!</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>Very fun, with field trips and field work that connected with what we were learning. The course material &amp; classes were benefited significantly by the location.</td>
</tr>
</tbody>
</table>

6 Respondents
### My Area of Expertise

Q6. Please provide any comments you may have about the above statement:

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>100.00%</td>
<td>Experience and hands on learning made me learn more than if it was traditional lecture &amp; readings</td>
</tr>
<tr>
<td>1</td>
<td>20.00%</td>
<td>Not a lot of assignments or quizzes, but I understand it is for us to enjoy the country</td>
</tr>
<tr>
<td>1</td>
<td>20.00%</td>
<td>Over the course of the 5 weeks, I felt that I got a very thorough introduction to gender and sexuality in Thailand, as well as its HIV/AIDS epidemic. I liked that we weren't just reading or being lectured about the topic, but we actually got the chance to live amongst what we were learning about. It made the material a lot more memorable and helped make the connection between what we learn in theory and how that is applied in a career-context, particularly for Global Health and Anthro majors.</td>
</tr>
<tr>
<td>1</td>
<td>20.00%</td>
<td>The book for the course was very academic and was a good way to start of the global seminar as background knowledge.</td>
</tr>
<tr>
<td>1</td>
<td>20.00%</td>
<td>The work was beneficial to us and allowed for an ever further understanding on the topics we were focussed on</td>
</tr>
</tbody>
</table>
**My Area of Expertise**

Q7. Please indicate your level of agreement with your statement: The faculty leader had adequate knowledge of the subject matter.

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Agreement Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>100.00%</td>
<td>Strongly agree</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Moderately agree</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Moderately disagree</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Strongly disagree</td>
</tr>
</tbody>
</table>

10 Respondents

- **20.00%** Gender and sexuality in Thailand and the country’s HIV/AIDS epidemic are Professor Kang's research focuses, and it definitely shows in the amount of knowledge and enthusiasm he brought both to the classes and our overall experience in Thailand.
- **20.00%** He had copious amounts of knowledge regarding the course and culture.
- **20.00%** Professor Kang is an expert on his topic and could explain anything beautifully which made this program that much more impactful and interesting.
- **20.00%** Professor Kang was incredibly knowledgeable in all academic and cultural context of course content and of Bangkok itself.
- **20.00%** The professor had very detailed explanations.
My Area of Expertise

Q9. Please indicate your level of agreement with the following statement: The faculty leader was effective in engaging me in the subject matter.

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Agreement</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>100.00%</td>
<td>Strongly agree</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Moderately agree</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Moderately disagree</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Strongly disagree</td>
</tr>
<tr>
<td>10 Respondents</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Q10. Please provide any comments you may have about the above statement:

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>100.00%</td>
<td>Both class time and excursions were impactful and lead to new understandings on topics as well as new connections</td>
</tr>
<tr>
<td></td>
<td></td>
<td>The global seminar did have a very strong academic discussion happening each day.</td>
</tr>
<tr>
<td>1</td>
<td>33.33%</td>
<td>We had daily check-ins at the start of class, during which all of us would bring up what we saw over the weekend or the previous day. He’d help explain some of the things we saw (Thailand is very, very different from San Diego, so a lot of things completely baffled us) and connected it back to the subject matter, a lot of the times in an awkwardly funny way (that’s a compliment) that made it more memorable.</td>
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</table>
What you can expect to pay in for meals and other local essentials…

<table>
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<tr>
<th>Count</th>
<th>Percent</th>
<th>Range</th>
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<tr>
<td>2</td>
<td>20.00%</td>
<td>$0 - $300</td>
</tr>
<tr>
<td>5</td>
<td>50.00%</td>
<td>$301 - $600</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>$601 - $900</td>
</tr>
<tr>
<td>3</td>
<td>30.00%</td>
<td>$901 - $1,200</td>
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You’re ideas of the world might change…

**Q49.** Please indicate your level of agreement with the following statement: My ideas about the US have changed.

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Level of Agreement</th>
</tr>
</thead>
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<tr>
<td>5</td>
<td>50.00%</td>
<td>Strongly agree</td>
</tr>
<tr>
<td>5</td>
<td>50.00%</td>
<td>Moderately agree</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Moderately disagree</td>
</tr>
<tr>
<td>0</td>
<td>0.00%</td>
<td>Strongly disagree</td>
</tr>
<tr>
<td>10</td>
<td></td>
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10 Respondents

**Q51.** Please indicate your level of agreement with your statement: I experienced a good deal of culture shock.

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Level of Agreement</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>30.00%</td>
<td>Strongly agree</td>
</tr>
<tr>
<td>3</td>
<td>30.00%</td>
<td>Moderately agree</td>
</tr>
<tr>
<td>3</td>
<td>30.00%</td>
<td>Moderately disagree</td>
</tr>
<tr>
<td>3</td>
<td>30.00%</td>
<td>Moderately disagree</td>
</tr>
<tr>
<td>1</td>
<td>10.00%</td>
<td>Strongly disagree</td>
</tr>
<tr>
<td>10</td>
<td></td>
<td></td>
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</table>

10 Respondents
You might decide to change career trajectories…

<table>
<thead>
<tr>
<th>Q61. Please indicate your level of agreement with the following statement: This program has made an impact on my career plans.</th>
</tr>
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<tbody>
<tr>
<td>Count</td>
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<td>5</td>
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<tr>
<td>1</td>
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<table>
<thead>
<tr>
<th>Q62. Please provide any comments you may have about the above statement:</th>
</tr>
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<tbody>
<tr>
<td>Count</td>
</tr>
<tr>
<td>1</td>
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</tbody>
</table>

1 Respondents
Be open to think differently about gender, sexuality, and how it relates to health.

Q67. What would you tell future students about gender issues in your host country?

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Response</th>
</tr>
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<tr>
<td>9</td>
<td>100.00%</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>11.11%</td>
<td>Be careful with the ladyboys.</td>
</tr>
<tr>
<td>1</td>
<td>11.11%</td>
<td>Be open minded about the gender issues. Be empathic.</td>
</tr>
<tr>
<td>1</td>
<td>11.11%</td>
<td>Be open minded because genders are way more fluid</td>
</tr>
<tr>
<td>1</td>
<td>11.11%</td>
<td>Gender in Thailand is nothing like you here about from foreigners. LGBT face many issues that you just don’t see because it is assumed that if there are many LGBT people that it is widely accepted.</td>
</tr>
<tr>
<td>1</td>
<td>11.11%</td>
<td>Kathoeys are normal</td>
</tr>
<tr>
<td>1</td>
<td>11.11%</td>
<td>Thailand is probably one of the friendliest/accepting countries in the world when it comes to gender identity and sexuality.</td>
</tr>
<tr>
<td>1</td>
<td>11.11%</td>
<td>There are many programs in Thailand about gender issues, like programs for trans people and for sex workers.</td>
</tr>
<tr>
<td>1</td>
<td>11.11%</td>
<td>They are completely different than what we are used to but it seems more efficient and calm in terms of discrimination for example</td>
</tr>
<tr>
<td>1</td>
<td>11.11%</td>
<td>To not assume that gender is binary</td>
</tr>
</tbody>
</table>
### Tips from Students

<table>
<thead>
<tr>
<th>Count</th>
<th>Percent</th>
<th>Tip</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>16.67%</td>
<td>Bring a bowl or Tupperware so you don't have to eat soup out of a bag from the street!</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>Bring less clothes! There is a lot of cheap clothing and fresh for the summer heat here.</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>Don't go if you're not comfortable with opening up your perspective on sexuality</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>I'm not sure what specific or even broad advice could be given, maybe just to come with space in your luggage so you can fit anything you take back and also just pack lightly</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>Just have fun and make sure to bring umbrellas and raincoats and a couple of your favorite snacks and microwavable meals since some nights you just don't want to go out to get food</td>
</tr>
<tr>
<td>1</td>
<td>16.67%</td>
<td>Try eating street food (look for those that have many customers and look clean). Try things that are not in the U.S.</td>
</tr>
</tbody>
</table>
Safe and Stable Country for Tourists

Top 10 Solo Female Travel Destinations

Women and LGBT Tourists not Harassed
Most Queer Friendly Country in the World for Tourists....

Sources:
https://www.inthailand.travel/gays-in-thailand/
https://inmagazine.ca/2020/05/dream-to-travel-why-is-thailand-so-lgbtq-friendly/
Most Queer Rights in the World?

Thailand takes lead in LGBT rights

Analysis | 16.10.2020 | 3.5 Minutes | Southeast and East Asia

LGBT life is omnipresent in Thailand. Gay and lesbian characters play various roles in TV shows. Prominent bloggers and YouTubers of the LGBT community have tens of thousands of viewers. Last year, Thailand also had its first transgender candidate for prime minister, Pauline Ngamsing.

Sources:
https://www.outadventures.com/gay-travel-blog/gay-thailand-travel/

5. Legal rights
Homosexual activity has been legal in Thailand since 1956.
To put this in perspective, homosexuality only became legal in the USA in 2003 after the Supreme Court ruled in favour of a during Lawrence v. Texas.

4. Government protections
Sexual orientation and gender identity are specifically protected in the Thai constitution.
While there are no explicit laws protecting the LGBT community, both “sexual orientation” and “gender identity” are specifically mentioned and protected from discrimination in the Thai Constitution.

3. Bangkok’s gay village
Thailand has the largest and loudest gay villages in Asia.
Gay travelers in Bangkok must visit Silom to experience the country’s (if not the continent’s) boldest gay village. Outside of the capital, numerous gay districts are found in Phuket, Pattaya and Chiang Mai. Even smaller cities are peppered with cabarets and gay hangouts.

2. Military service
Thai LGBT people can serve openly in the military.
Again, unlike America where Trans people were recently banned from serving, Thailand welcomes anyone into its military ranks.

1. Kathoey
Transgender people are widely accepted.
While there are many roads to pave when it comes to transgender rights in Thailand, the community as a whole is widely accepted and its members are celebrated. The popular perception of these people is extremely favourable and they are well-represented in pop culture and Thai television. And although it was overturned last year in an unfortunate decision, transgender people were legally allowed to change their gender from 1972 – 2018.
Familiarity with My Research Field Site

Start with Lectures on Culture and Language

Buddhist Country:

Respect Local Laws and Customs

- 5 Precepts (similar to 10 Commandments)
  - No Killing
  - No Stealing
  - No Lying
  - No Intoxicants
  - No Sexual Impropriety

E.g. No Nudity or Alcohol at Sacred Sites
Thailand

Southeast Asia

One of the most fascinating parts of the world

Approximately the same size and population as France
Natural Beauty

Mountains

Islands

Some of the Best Beaches in the World

Koh Phi Phi
Bangkok

Capital of Thailand

Among the largest and most vibrant cities in the world.

The most internationally visited city in the world since 2012.
Bangkok

Temples

…to the Buddha

…to Capitalism

(Shopping is excellent)
Bangkok

Day trips to famous historical, cultural, and natural sites.

Ayutthaya
SE Asia Hub

Hub for travel in Southeast Asia.

Bali, Indonesia

Angkor Wat, Cambodia
SE Asia Hub

Hub for travel in Southeast Asia.

Penang, Malaysia
Singapore
Did I mention the food?

Do you like Thai food?

One of the best places in the world for food!

4 regional cuisines (my favorite is Isan – Northeast)

Michelin rated food carts

Basic dish approx. $2 on street or in a food court

I have a lot of recommendations…

Try Thai food you cannot get in the US!
“Medium” Size for $10
the green is Thai bird chilis

“Extra Large”
Did I mention the food?
Shan

Ethnic minority in Northern Thailand
Eating Je

Two types of vegetarian:

- Most Thai food has fish sauce
- Western: mangsawirat แมงสวิรัติ
- Chinese: je เจอ
  - more restrictive (aromatics)
  - but good for karma ;]

Just about every food court will have a Je stall

Plate of red rice with 3 vegetarian dishes = $2
Vegetarian food is typically a little more expensive than typical Thai food, which here would have been $1.50
Eating Je
Look for the Yellow Flag
Year-Round

Annual Je Festival – 2 weeks
on lunar calendar so dates change –
typically in July or August
Questions?