

- Class size of 15-28 students
- Any major may apply for any program

DESIGNING PROGRAMS FOR SEXUAL HEALTH

Prof. Dredge (Byung Chu) Kang

- ANSC 125GS: Gender, Sexuality, and Society
- ANSC 105GS: Global Health and Inequality

APPLICATION OPENS: November 1, 2022
EARLY BIRD DEADLINE: February 1, 2023



globalseminar@ucsd.edu | 858-534-1123



Global Seminar: Designing Programs for Sexual Health

Thailand (Bangkok, Lop Buri, Pattaya, Chiangmai)

Dredge Byung'chu Kang PhD MPH

Anthropology, Global Health, Critical Gender Studies
Eleanor Roosevelt College Regional Specialization



For more information:

<https://studyabroad.ucsd.edu/students/programs/global-seminars/bangkok/index.html>

Register for an info session:

<https://docs.google.com/forms/d/e/1FAIpQLSffA5Alq3ncfINnUFcpLChq6LrSE3NjLzBnf5zkbHuZTPc9cQ/viewform>

Why should you go to this global seminar?

Program

You get to experience places that we read about and interact with locals to make what you are learning come alive.

The focus is on ethnographic research skills and practical program development applications that you can use in future jobs.

You get to see how skills you learn are applied in a specific local context, and one that on the surface seems similar but in many ways is very different.

The course meets many requirements.

This is my area of expertise! And I know where the good food is...

Place

Thailand is a very affordable destination and very tourist friendly.

Before Covid, Bangkok had more international visitors than Paris or London!

We will also visit Lop Buri, Pattaya, and Chiang Mai.

Plus, you will have the opportunity to explore other regions (and glorious beaches) and nearby countries because of the program schedule.

Did I mention the food?

Designing Programs for Sexual Health

Eleanor Roosevelt College Regional Specialization

ANSC 105GS Global Health and Inequality: Sexual and Reproductive Health in Southeast Asia

- Archaeology/Biological/Sociocultural Elective for Anthropology Majors or Minors.
- Medical Social Science Elective for the Global Health Program (GHP) Major or Minor.
- Upper Division Elective for the Bachelor of Science in Public Health (BSPH) Major.
- Petitionable for the Critical Gender Studies (CGS) Major or Minor.

ANSC 125GS Gender, Sexuality, and Society: Sex and Love in Thailand

- Sociocultural Core and Archaeology/Biological Elective for Anthropology Majors or Minors.
- Medical Social Science Elective for the Global Health Program (GHP) Major or Minor.
- Petitionable for the Critical Gender Studies (CGS) Major or Minor.

Front Loaded Schedule

| Monday | 6-Aug | Tuesday | Wednesday | Thursday | Friday - Sunday |
|--|--|--|---|--|-------------------|
| Thai Language 1: Background & Greetings SEA Geography, Race/Ethnicity & Languages Lunch (Group Optional) Thai Language 2: Introductions & Essentials ISA Orientation ISA Orientation Cabbages and Condoms (Welcome Dinner) | Culture Shock (Chapter 3+) Mini-Presentations WiA Ch. 3 Navigating Field-Based Assignments p. 37 Thai Language 3: Respect & Politeness Lunch (Group Optional) Walking Observation Writing Observations & Discussion Geography Quiz Thai Customs Review Thai Alphabet Thai Language Review | Thai Language Review Language Quiz AIDS and Epidemiology: Early AIDS in USA CDHS 1998 Good Questions, Better Answers Lunch (Group Optional) USAID 2001 HIV-AIDS Rapid Assessment Guide SEA Religious Syncretism *Guest Lecture: Luang Phi Chai Waradhammo Gender and Sexuality in Thai Buddhism | Travel to Lopburi *Guest : Luang Phi Chai Waradhammo Identify Key Populations and Groups Develop Field Research Questions Lopburi: Wat Phra Baht Nam Phu (AIDS Temple) Wat Phang Sam Yot (Monkey Temple) bat cave Paebanrimnam Restaurant | Wat Saen Suk (has English) Wat Saen Suk (has English) HIV NGO: Sisters HIV NGO: Sisters Pattaya: Walking Street Pattaya: Alcazar Show turtle sanctuary and beach | |
| Monday | 13-Aug | Tuesday | Wednesday | Thursday | Friday |
| Mother's Day (Queen's Birthday) National Holiday Take the opportunity to participate in an event. Remember to wear light blue. Send a message to your mother! Observation 1 MBK/Siam or Chatuchak/Lad Prao | Field Report 1: Trip Field Report 2: Markets WoW Ch 1 Cooking Up an Epidemic p 12-42 WoW Ch 2 Landscapes of Desire p 43-83 Lunch WoW Ch 3 The Honesty Box p 84-123 WoW Ch 4 The Naked Truth p 124-160 Thai Time (Conceptual/Practical) | NMAC 1997 Program Development Puzzle S1-4 Program Objectives Workshop Developing a Logic Model Lunch WoW Ch 5 Sacred Cows p 161-187 WoW Ch 6 Articles of Faith p 188-227 Logic Model Workshop | WoW Ch 7 HIV Shoots Up p 227-268 WoW Ch 8 Ants in the Sugar-Bowl p 269-300 Renewed Epidemics: Thailand (Snapshot) Lunch NMAC 1997 Program Development Puzzle S5-6 NMAC 1997 Program Development Puzzle S7-8 Guest Lecture: Kath Khangpiboon and Discussion on Trans Health and Rights | HIV NGO: SWING HIV NGO: SWING Lunch HIV Clinic: Pulse HIV Clinic: Tangerine HIV Clinic: Tangerine Observation 2 Lumpini Park Observation 3 Patpong/Thaniya/Pratuchai or Nana | |
| Monday | 20-Aug | Tuesday | Wednesday | Thursday | Friday-Sunday |
| Epidemiology Review Epidemiology Quiz Field Report 3: Global Sex Work Districts WoW Ch 9 Full Circle p 301-326 Lunch NMAC 1997 Program Development Puzzle S7-8 Muecke 1992 Mother Sold Food, Daughter Sells Her Evaluation and Program Design Workshop | HUCB Ch. 5 Biomedicine, Social Science Research, and Assessment Writing Workshop: Choose Population Group Work: Assessments and Interventions Lunch HUCB Ch. 7 Thailand's "Good" Response to the HIV/ HUCB Ch. 8 An Alternative Perspective on the Thai R Group Work: Interventions and Evaluation | Program Review Program Quiz Saengtienchai 1999 "Prostitutes are better than lovers": Wives' Views on the Extramarital Sexual Behavior of Thai Men Cohen 1993 Open-Ended Prostitution as a Skillful Game of Luck Lunch AIDS Epidemic: A Critical Examination p. 216-242 Response to AIDS Control p.243-287 | Long Free Weekend Wives' Views on the Extramarital Sexual Behavior of Thai Men | Long Free Weekend Wives' Views on the Extramarital Sexual Behavior of Thai Men | |
| <i>Professor Kang in Myanmar for Taung Pyone Festival</i> | | | | | |
| Monday | 27-Aug | Tuesday | Wednesday | Thursday | Friday-Sunday |
| Morris 1994 Three Sexes and Four Sexualities Jackson 2000 An Explosion of Thai Identities Review Assessments Lunch | Review Assessments (Online Peer Review) Kang 2014 Conceptualizing Thai Genderscapes Kang 2017 Eastern Orientations: Thai Middle-Class G Lunch | Assessment Presentations (Assessments Due) Assessment Presentations (Assessments Due) Assessment Presentations (Assessments Due) Lunch | Long Free Weekend | Long Free Weekend | |
| Observation 4: OPEN - Seeing Differently | | | | | |
| Monday | 3-Sep | Tuesday | Wednesday 5th | Thursday 6th | Friday - Saturday |
| Field Report 4: Student Selected Sites Field Report Analysis Presentations Field Report Analysis Presentations Lunch | Review Program Designs (Peer Review) Review Program Designs (Peer Review) Course Wrap Up Discussion Lunch | Program Design Presentations (Due) Program Design Presentations (Due) Grant Proposal Reviews Lunch | Free Weekend | Free Weekend Check out on 8th 11:00 AM KEY Assessments and Assignments Class Activities Lectures Readings | |

Why Sexual Health in Thailand?

Known for having an elaborate sex/gender system that recognizes more than 2 sexes/genders.

Considered one of the two successful models for HIV prevention in the developing world.



Focus on Engaged Teaching

Use of the Local Field Site

Site Visits (NGOs and cultural sites)

Assignments

A Quiz but No Standard Papers and Exams

Several Observations

Final: Grant Proposal





Practical Assignments:

Global Health

Anthro Methods

Assessment Report

Field Observations

Grant Proposal

Field Reports



Changemaker Seminar

Learn Skills to Make Change

Learn about Marginalized Populations and how to *support them* in Making Change



WHAT IT IS

From **January 14-21** discover how to make the world more just, inclusive, and sustainable through **public and community service, research, social innovation, social entrepreneurship, social justice,** and more. Join Study Abroad in a celebratory kickoff to a year of change making programming.

STUDY ABROAD EVENTS

TUES
01/17

12-1pm: Global Changemakers

Join us for an overview of study abroad options from EAP, OAP, Global Exchange, and Global Seminars that are focused on Public Health, Environmental Sustainability, Global Development & Education

Register Here:



THUR
01/19

1-2pm: Global Seminars Changemaker Panel

GS faculty leaders will share the way that their summer programs abroad inspire participants to make change. Most of these professors are changemaker faculty fellows, and their programs focus on topics such as global health, social justice & sustainable development.

Register Here:



THAILAND

Sex and Health in Southeast Asia

HEALTH

2018 | Summer Session II

Courses

ANSC 105GS: Global Health and Inequality: Sexual and Reproductive Health in Southeast Asia
ANSC 125GS: Gender, Sexuality, and Society: Sex and Love in Thailand

What are Global Seminars?

UCSD Global Seminars are 5 week long, summer study abroad experiences led by a UCSD professor. Students enroll in 2 English-taught courses (8 UCSD quarter units) and class sizes are

Global Seminar: Sex and Health in Southeast Asia
Dredge Byung'chu Kang PhD MPH

Anthropology, Global Health, Critical Gender Studies
Eleanor Roosevelt College Regional Specialization

Alexandra Escobar (2018 Participant)

The Global Seminar in Bangkok, Thailand was an incredibly eye-opening experience for me for many reasons. Through the group tours to many non-profit foundations, we got to visualize first-hand how vast gender disparities in access to healthcare are... The seminar also included an up close look at several clinics and hospitals that were on the front-lines of antiretroviral administration of at risk populations. In addition to these tours, we were lucky enough to have several guest speakers including a Buddhist Monk and a transgender advocate for representation.

We had ample time on the weekends to complete our own travels and I was lucky enough to travel with friends to Chiang Mai, Vietnam and Cambodia. Thailand is incredibly affordable and Professor Kang made sure to show us where to spend our money on the most delicious food. The Bangkok Global Seminar was an amazing addition to my summer and Global Health/Anthropology course work!

Monica Banuelos (2018 Participant)

Global Seminar in Bangkok, Thailand

- Became more passionate about HIV prevention/care and transgender health care
- Learned more about grassroots public health programs
- Switched from General Biology to Global Health



“Very Satisfied”

Q3. Please indicate your level of satisfaction with this study abroad program:

| Count | Percent | | |
|-------|-------------|--|-------------------------|
| 10 | 90.91% | | Very satisfied |
| 1 | 9.09% | | Moderately satisfied |
| 0 | 0.00% | | Moderately dissatisfied |
| 0 | 0.00% | | Very dissatisfied |
| 11 | Respondents | | |

“Life-Changing”

Q4. Please provide any comments you may have about the study abroad program:


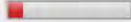

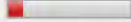
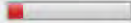

| Count | Percent | |
|-------|---------|--|
| 6 | 100.00% | |

| Count | Percent | | |
|-------|---------|--|--|
| 1 | 16.67% | | Absolutely amazing program |
| 1 | 16.67% | | I thoroughly enjoyed the program |
| 1 | 16.67% | | Staff genuinely cares about the students |
| 1 | 16.67% | | Stay in more than one city |
| 1 | 16.67% | | The course content was enlightening, and the added bonus of experiencing it in person was life-changing! |
| 1 | 16.67% | | Very fun, with field trips and field work that connected with what we were learning. The course material & classes were benefited significantly by the location. |

6 Respondents

My Area of Expertise

Q6. Please provide any comments you may have about the above statement:

| Count | Percent | |
|-------|---------|---|
| 5 | 100.00% |  |
| Count | Percent | |
| 1 | 20.00% |  Experience and hands on learning made me learn more than if it was traditional lecture & readings |
| 1 | 20.00% |  Not a lot of assignments or quizzes, but I understand it is for us to enjoy the country |
| 1 | 20.00% |  Over the course of the 5 weeks, I felt that I got a very thorough introduction to gender and sexuality in Thailand, as well as its HIV/AIDS epidemic. I liked that we weren't just reading or being lectured about the topic, but we actually got the chance to live amongst what we were learning about. It made the material a lot more memorable and helped make the connection between what we learn in theory and how that is applied in a career-context, particularly for Global Health and Anthro majors. |
| 1 | 20.00% |  The book for the course was very academic and was a good way to start of the global seminar as background knowledge. |
| 1 | 20.00% |  The work was beneficial to us and allowed for an ever further understanding on the topics we were focussed on |

My Area of Expertise


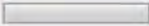
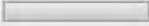
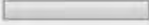
Q7. Please indicate your level of agreement with your statement: The faculty leader had adequate knowledge of the subject matter.

| Count | Percent | | |
|----------------|---------|--|---------------------|
| 10 | 100.00% | | Strongly agree |
| 0 | 0.00% | | Moderately agree |
| 0 | 0.00% | | Moderately disagree |
| 0 | 0.00% | | Strongly disagree |
| 10 Respondents | | | |


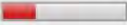
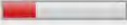
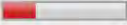
| | | | |
|---|--------|--|--|
| 1 | 20.00% | | Gender and sexuality in Thailand and the country's HIV/AIDS epidemic are Professor Kang's research focuses, and it definitely shows in the amount of knowledge and enthusiasm he brought both to the classes and our overall experience in Thailand. |
| 1 | 20.00% | | He had copious amounts of knowledge regarding the course and culture. |
| 1 | 20.00% | | Professor Kang is an expert on his topic and could explain anything beautifully which made this program that much more impactful and interesting |
| 1 | 20.00% | | Professor Kang was incredibly knowledgeable in all academic and cultural context of course content and of Bangkok itself. |
| 1 | 20.00% | | The professor had very detailed explanations. |

My Area of Expertise

Q9. Please indicate your level of agreement with the following statement: The faculty leader was effective in engaging me in the subject matter.

| Count | Percent | | |
|-------|-------------|--|---------------------|
| 10 | 100.00% |  | Strongly agree |
| 0 | 0.00% |  | Moderately agree |
| 0 | 0.00% |  | Moderately disagree |
| 0 | 0.00% |  | Strongly disagree |
| 10 | Respondents | | |

Q10. Please provide any comments you may have about the above statement:

| Count | Percent | | |
|-------|---------|---|--|
| 3 | 100.00% |  | |
| | | | |
| Count | Percent | | |
| 1 | 33.33% |  | Both class time and excursions were impactful and lead to new understandings on topics as well as new connections |
| 1 | 33.33% |  | The global seminar did have a very strong academic discussion happening each day. |
| 1 | 33.33% |  | We had daily check-ins at the start of class, during which all of us would bring up what we saw over the weekend or the previous day. He'd help explain some of the things we saw (Thailand is very, very different from San Diego, so a lot of things completely baffled us) and connected it back to the subject matter, a lot of the times in an awkwardly funny way (that's a compliment) that made it more memorable. |





What you can expect to pay in for meals and other local essentials...

Q44. Approximately how much additional money do you think a cost conscious student should budget during the term for essential in-country spending on such items as local transportation, meals not covered in the program fees, toiletries, etc.?

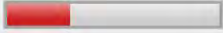



| Count | Percent | | |
|-------|---------|--|-----------------|
| 2 | 20.00% | | \$0 - \$300 |
| 5 | 50.00% | | \$301 - \$600 |
| 0 | 0.00% | | \$601 - \$900 |
| 3 | 30.00% | | \$901 - \$1,200 |

You're ideas of the world might change...

Q49. Please indicate your level of agreement with the following statement: My ideas about the US have changed.

| Count | Percent | | |
|-------|-------------|--|---------------------|
| 5 | 50.00% |  | Strongly agree |
| 5 | 50.00% |  | Moderately agree |
| 0 | 0.00% |  | Moderately disagree |
| 0 | 0.00% |  | Strongly disagree |
| 10 | Respondents | | |

Q51. Please indicate your level of agreement with your statement: I experienced a good deal of culture shock.

| Count | Percent | | |
|-------|-------------|--|---------------------|
| 3 | 30.00% |  | Strongly agree |
| 3 | 30.00% |  | Moderately agree |
| 3 | 30.00% |  | Moderately disagree |
| 1 | 10.00% |  | Strongly disagree |
| 10 | Respondents | | |

You might decide to change career trajectories...

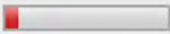
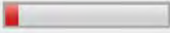
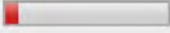
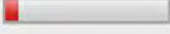

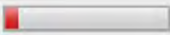


Be open to think differently about gender, sexuality, and how it relates to health

Q67. What would you tell future students about gender issues in your host country?

| Count | Percent | |
|-------|---------|--|
| 9 | 100.00% | |

| Count | Percent | |
|-------|---------|---|
| 1 | 11.11% | Be careful with the ladyboys. |
| 1 | 11.11% | Be open minded about the gender issues. Be empathic. |
| 1 | 11.11% | Be open minded because genders are way more fluid |
| 1 | 11.11% | gender in Thailand is nothing like you here about from foreigners. LGBT face many issues that you just don't see because it is assumed that if there are many LGBT people that it is widely accepted. |
| 1 | 11.11% | Kathoeyes are normal |
| 1 | 11.11% | Thailand is probably one of the friendliest/accepting countries in the world when it comes to gender identity and sexuality. |
| 1 | 11.11% | There are many programs in Thailand about gender issues, like programs for trans people and for sex workers. |
| 1 | 11.11% | They are completely different than what we are used to but it seems more efficient and calm in terms of discrimination for example |
| 1 | 11.11% | To not assume that gender is binary |

| Count | Percent | | |
|-------|---------|---|--|
| 1 | 16.67% |  | Bring a bowl or Tupperware so you don't have to eat soup out of a bag from the street! |
| 1 | 16.67% |  | Bring less clothes! There is a lot of cheap clothing and fresh for the summer heat here. |
| 1 | 16.67% |  | Don't go if you're not comfortable with opening up your perspective on sexuality |
| 1 | 16.67% |  | I'm not sure what specific or even broad advice could be given, maybe just to come with space in your luggage so you can fit anything you take back and also just pack lightly |
| 1 | 16.67% |  | Just have fun and make sure to bring umbrellas and raincoats and a couple of your favorite snacks and microwavable meals since some nights you just don't want to go out to get food |
| 1 | 16.67% |  | Try eating street food (look for those that have many customers and look clean). Try things that are not in the U.S. |

6 Respondents

Tips from Students



Safe and Stable Country for Tourists

Top 10 Solo Female
Travel Destinations

Women and LGBT
Tourists not Harassed

<https://www.adventurouskate.com> › solo-female-travel-t...

Solo Female Travel in Thailand - Is Thailand Safe?

Looking to plan a solo trip to Thailand? Thailand is an excellent destination for traveling alone as a woman! It's easy, very safe, and welcoming.

[Why Travel Solo to Thailand?](#) · [Thailand Safety Tips](#) · [How to Get Around Thailand...](#)



Most Queer Friendly Country in the World for Tourists....



Culture and Religion News of Thailand

Gays in Thailand: Is it a LGBT friendly country for tourism?

By Pal Comaposada

Is Thailand a good destination for LGBTI travelers? Yes, definitely. Thailand is one of the best destinations in the world for gay tourism.

Obviously there is still room for improvement, but the attitude towards homosexuality in Thailand is quite open. I have been to quite a few countries, and in no other have I seen homosexuals live their sexual orientation so openly.

Dream To Travel: Why Is Thailand So LGBTQ-Friendly

MAY 21, 2020 9:00 am IN Magazine 1 SHARE



In Thailand, we believe that diversity is amazing..

Sources:

<https://www.inthailand.travel/gays-in-thailand/>

<https://inmagazine.ca/2020/05/dream-to-travel-why-is-thailand-so-lgbtq-friendly/>

Most Queer Rights in the World?

OPEN SOCIETY

Thailand takes lead in LGBT rights

Analysis | 16.10.2020 | 3.5 Minutes | Southeast and East Asia



© Olesya Kuznetsova / shutterstock.com

LGBT life is omnipresent in Thailand. Gay and lesbian characters play various roles in TV shows. Prominent bloggers and YouTubers of the LGBT community have tens of thousands of viewers. Last year, Thailand also had its first transgender candidate for prime minister, Pauline Ngarnpring.

If you're thinking this is just another tourism board attempting to slip their sticky fingers into our pink pockets without taking real action to support LGBT rights, think again. Here's five fast facts on why Thailand is a true leader in LGBT rights.

5. Legal rights

Homosexual activity has been legal in Thailand since 1956

To put this in perspective, homosexuality only became legal in the USA in 2003 after the Supreme Court ruled in favour of us during Lawrence v. Texas.

4. Government protections

Sexual orientation and gender identity are specifically protected in the Thai constitution

While there are no stand alone laws protecting the LGBT community, both "sexual orientation" and "gender identity" are specifically mentioned and protected from discrimination in the Thai Constitution.

3. Bangkok's gay village

Thailand has the largest and loudest gay villages in Asia

Gay travellers in Bangkok must visit Silom to experience the country's (if not the continent's) liveliest gay village. Outside of the capital, raucous gay districts are found in Phuket, Pattaya and Chiang Mai. Even smaller cities are peppered with **cabarets** and gay hangouts!

2. Military service

Thai LGBT people can serve openly in the military

Again, unlike America where Trans people were recently banned from serving, Thailand welcomes anyone into its military ranks.

1. Kathoey

Transgender people are widely accepted

While there are many roads to pave when it comes to transgender rights in Thailand, the community as a whole is widely accepted and in some ways celebrated. The popular opinion of trans people is extremely favourable and trans individuals are well represented in pop culture and Thai television. And although it was overturned last year in an unfortunate defeat, transgender people were legally allowed to change their gender from 1932 – 2018!

Sources:

<https://www.freiheit.org/southeast-and-east-asia/thailand-takes-lead-lgbt-rights>
<https://www.outadventures.com/gay-travel-blog/gay-thailand-travel/>



Familiarity with My Research Field Site

Start with Lectures on Culture and Language

Buddhist Country:

Respect Local Laws and Customs

5 Precepts (similar to 10 Commandments)

No Killing

No Stealing

No Lying

No Intoxicants

No Sexual Impropriety

E.g. No Nudity or Alcohol at Sacred Sites

Thailand

Southeast Asia

One of the most fascinating parts of the world

Approximately the same size and population as France





Bangkok

Capital of Thailand

Among the largest and most vibrant cities in the world.

The most internationally visited city in the world since 2012.



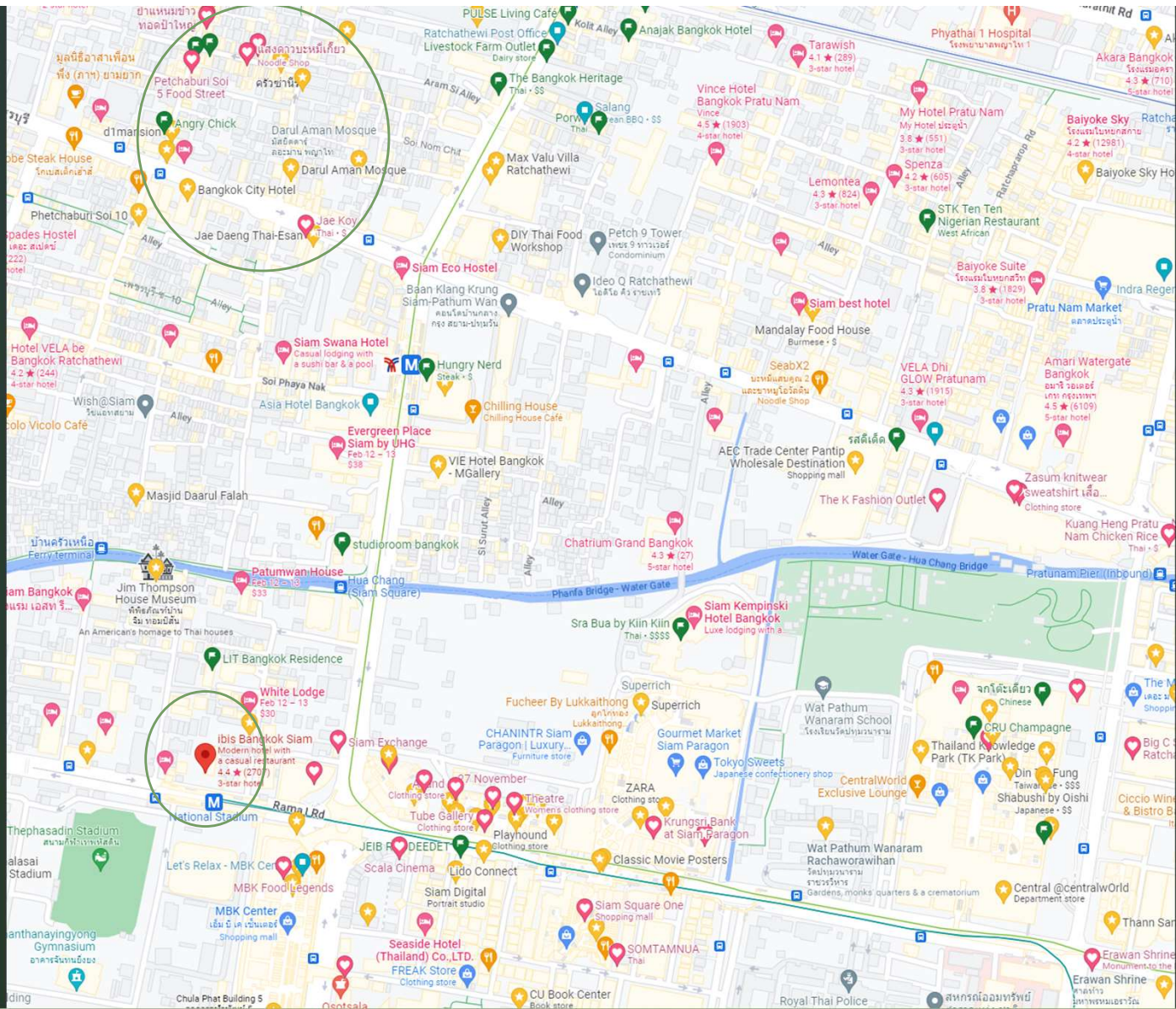
Bangkok

Temples

...to the Buddha

...to Capitalism

(shopping is excellent)



Very Central Location
some of my favorite food...



Welcome Dinner

Participant
Observation
Assignments

Local Shrines:

Fortune

Luck

Love

And other things...





Excursions: NGOs and Clinics BKK

SWING Foundation

Sex Workers

Tangerine Clinic

Trans Women



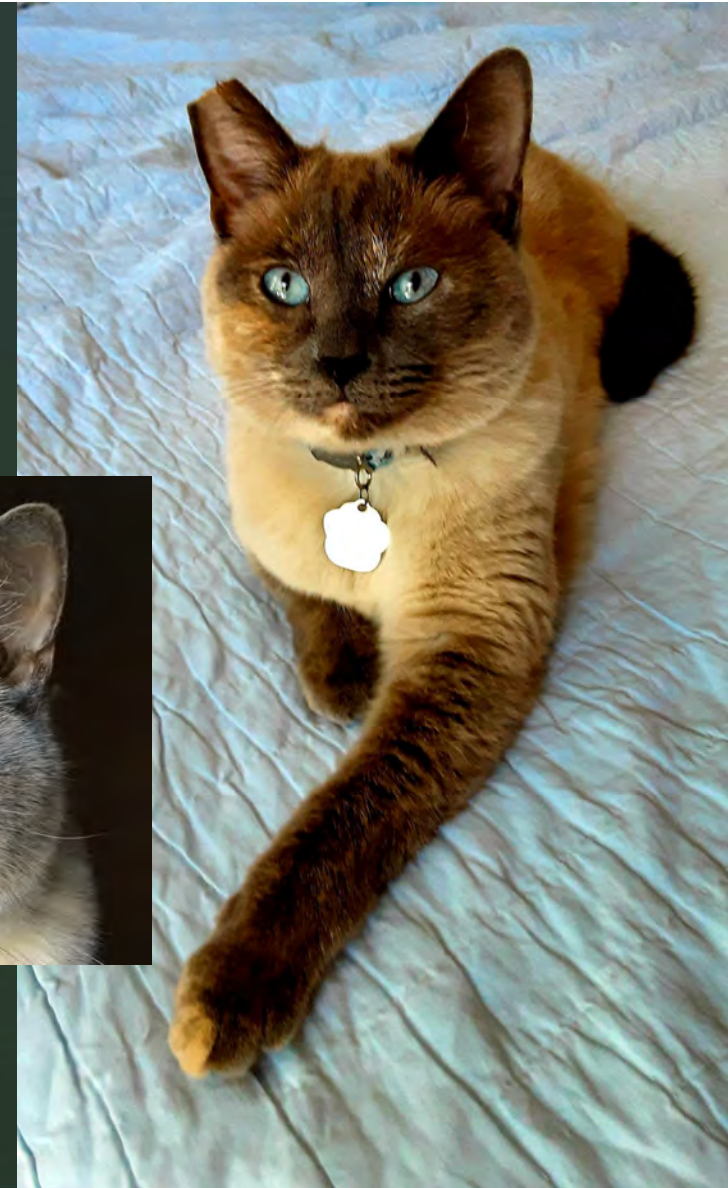
Excursions:
Pulse Clinic
Private Clinic for
Generic PrEP

Possible Excursions BKK

Culture, Art & Entertainment Events

Local Restaurants

Cat Cafe



Bangkok

Day trips to famous historical, cultural, and natural sites.

Ayutthaya



Pattaya



Day & Night: Beach City Known for Sex Workers and Trans Women

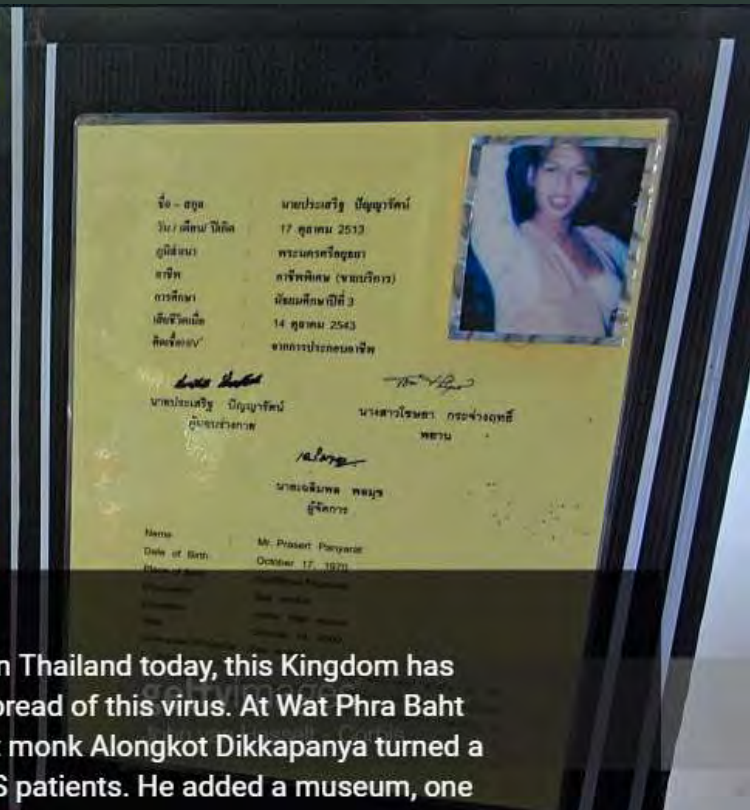
Excursions: Pattaya Cabaret and Sisters



Excursions: Pattaya Buddhist Hell Garden



Excursions: Lop Buri Monkey Temple and Wat Phra Baht Nam Phu AIDS Temple



With an estimated 580,000 people living with HIV/AIDS in Thailand today, this Kingdom has the only recent success story in Asia in preventing the spread of this virus. At Wat Phra Baht Nam Phu Temple 120 kms North of Bangkok, a Buddhist monk Alongkot Dikkapanya turned a normal temple into a hospice to care for fully-blown AIDS patients. He added a museum, one

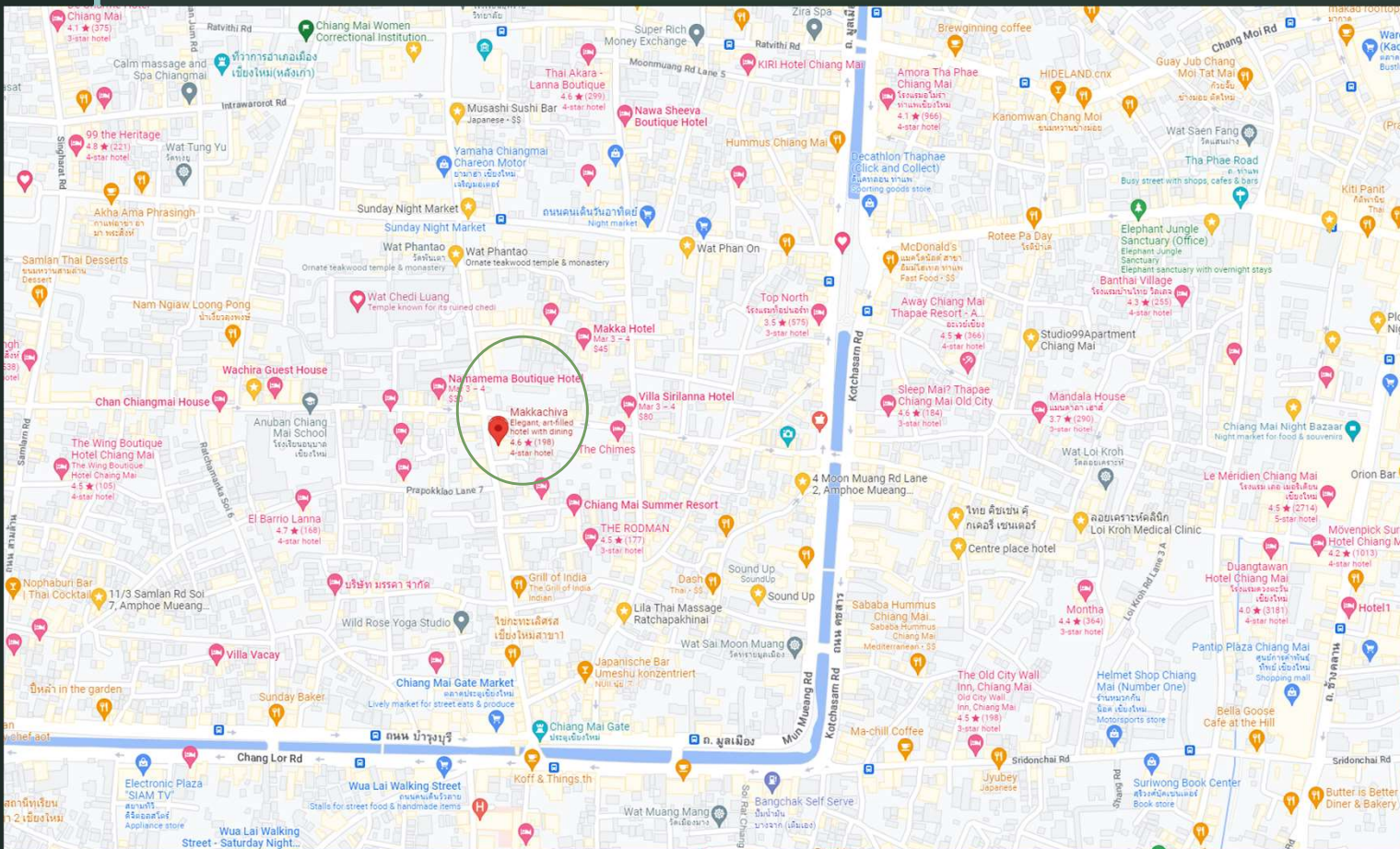
▶ Lop Buri



Wat Prabat Nampu

Excursions: Chiang Mai

very centrally located within the old walled city
explore Northern Thailand



Yi Peng Festival



Doi Suthep

Chiang Mai

rice paddy terraces



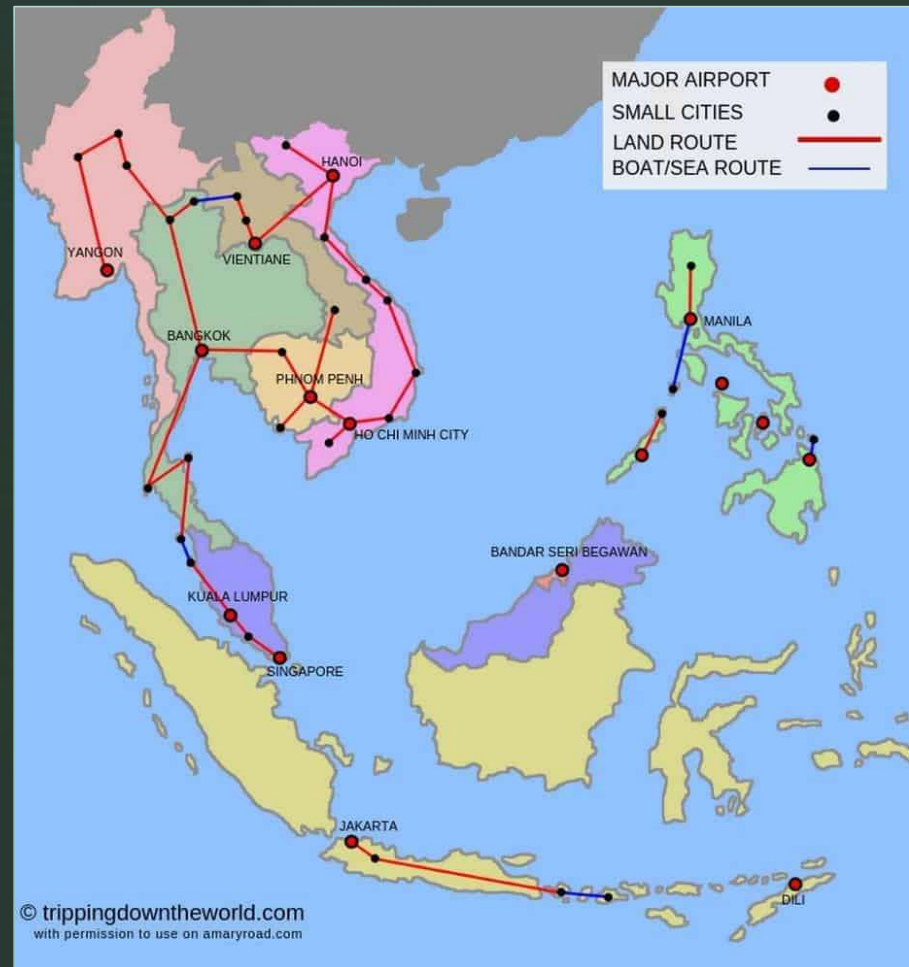
Excursions: Chiang Mai NGOs



Course Schedule Structured for Travel Time

Opportunity to
Take Trips

BKK is the Hub
for travel in
Southeast Asia



Challenge Yourself to Try New Things



Natural Beauty

Mountains

Islands

Some of the Best

Beaches in the World

Koh Phi Phi





SE Asia Hub

Ancient Kingdoms and Buddhist Sites

- Angkor Wat, Cambodia

- Bagan, Myanmar

- Borobudur, Indonesia

SE Asia Hub

Modern Metropolises

- Hanoi, Vietnam



- Singapore





SE Asia Hub

Continuing Local Traditions

- Penang, Malaysia



- Bali, Indonesia

Did I mention the food?

Do you like Thai food?

One of the best places in the world for food!

4 regional cuisines (my favorite is Isan – Northeast)

Michelin rated food carts

Basic dish approx. \$2 on street or in a food court

I have a lot of recommendations...

Try Thai food you cannot get in the US!



“Medium” Size for \$10
the green is Thai bird chilis



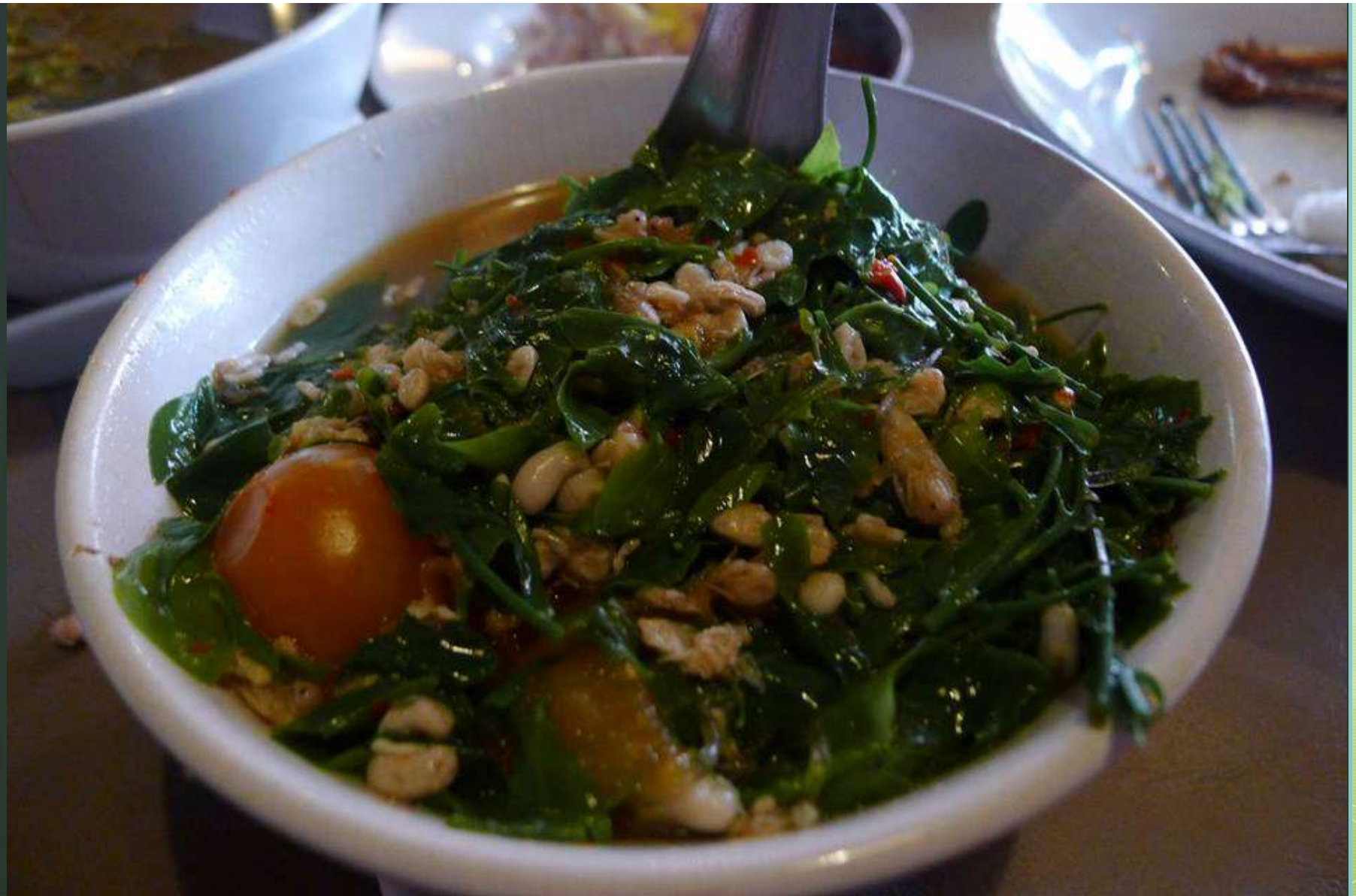
“Extra Large”





































Shan

Ethnic minority in
Northern Thailand

Try it but make sure to ask...

- Not all parts are edible or desirable...especially not the poisonous tip on scorpion tails





Eating Je

Two types of vegetarian:

Most Thai food has fish sauce

Western: mangsawirat มังสวิรัต

Chinese: je เจ

more restrictive (aromatics)

but good for karma ;]

Just about every food court will have a Je stall

Plate of red rice with 3 vegetarian dishes = \$2
Vegetarian food is typically a little more expensive than
typical Thai food, which here would have been \$1.50

LIVING HOUSE | EATERY HOUSE

VEGETARIAN STREET MARKET

16 ต.ค. 63 – 25 ต.ค. 63

พบกับอาหารเจ หลากสัญชาติ รับประกันความไม่จำเจ!

7th floor | CENTRAL ecentralWorld | 5th floor | CENTRAL BANGNA

Eating Je

Look for the Yellow Flag Year-Round



Annual Je Festival – 2 weeks

on lunar calendar so dates change – typically in July or August



101 เมนูเจ

26 ก.ย. – 7 ต.ค. 62

101 true digital.park

MANGSAWIRAT
www.mangsawirat.com

0-2009-1101 #1101



Questions?