

# How to Complete your Health Clearance Form with Student Health Services

*Note: You may only complete your health clearance at Student Health Services (SHS) if you have SHIP insurance.*

- 1. Obtain your immunization records from your parents, doctor or high school ASAP.** Either fax your records to 858-534-1910 or drop them off at Group 1 in Student Health. These will be reviewed during your health clearance visit at which time you can receive required immunizations or TB skin tests.
- 2. Schedule your Health Clearance appointment.** Students departing for abroad in winter or spring quarters (September-November clearances): Go directly to Group 1 at SHS and schedule your health clearance and, if needed, travel clinic appointments. Pick up your packet with country specific requirements. You will also be directed to view an online travel advice tutorial. Students departing for abroad in summer or fall quarters (December-May clearances): Sign up for a Health Clearance Orientation Session at the Programs Abroad Office. At this session you will view a brief travel advice tutorial. SHS will give you a country specific packet and schedule appointments you need for your health clearance.

Depending on requirements, charges range from **\$33 to \$200** for the health clearance, plus the cost of immunizations, if required.

*Appointments are scarce by the end of the quarter and some immunizations require a series given over multiple weeks, so make your appointments early. CLEARANCE APPOINTMENTS WILL NOT BE AVAILABLE AFTER THE END OF MAY OR DURING THE SUMMER SESSIONS.*

- 3. Before your health clearance appointment, complete the Confidential Health History Form that is included in your Health Packet.** You will need the following information:
  - Immunization records containing exact dates
  - Dates of any serious illnesses or surgeries
- 4. During your health clearance appointment your health history will be reviewed to determine whether any further evaluations, testing, or information from specialists will be required in order to complete your health clearance.** Some host universities or countries also require a full physical exam. When everything has been completed, a copy of your Health History and the Health Clearance Form will be signed and available for you to pick up in Group I.
- 5. If required in your country specific packet, make a Travel Clinic appointment to get in depth advice about health concerns in the country in which you will be studying.** UCEAP requires you to complete an Online Travel health Course for some countries. You should complete this before your travel clinic appointment and bring your printed online certificate to your Travel Clinic appointment.
- 6. Mail the following forms to the Systemwide UCEAP Office.** UCEAP must receive them at least two months before departure in order for you to participate in the program, except UCEAP Chile students. It is your responsibility to monitor the completion and submission of the Health Clearance Form to UCEAP by the designated deadline.

- White and pink copies of the signed Health Clearance Form

- Mail them to: University of California  
Education Abroad Program  
6950 Hollister Avenue, Suite 200  
Goleta, CA 93117

#### **\*UCEAP Chile Students\***

MUST complete their Health Clearance form no more than 30 days from the time you apply for your visa. Keep the original white page of the Health Clearance form for the student visa application.

- 7. Keep a copy of the Confidential Health History Form and be sure to take it with you when you go abroad.** You will have the only copy of this form at the program site should you need medical attention. **DO NOT** send this to UCEAP.

**Students with Disabilities:** If you have any physical impairment, learning disability or other condition, for which you will be seeking accommodation abroad, you may have your campus Disabled Students Office send a memo to the University of California Education Abroad Program indicating the condition and your needs. Universities abroad will require this memo before special arrangements — i.e. granting extra time for tests, arranging for special facilities or assistance — can be considered.